



# VICSERV Training & Professional Development Calendar

February 2018 to June 2018

## FEBRUARY

**Certificate IV in Mental Health Peer Work (CHC43515) - Elsternwick** FS  
 Applications close Friday 2nd February 2018  
 Commencing 19th February 2018  
 Facilitator: VICSERV Training Team  
 A qualification for existing peer workers, develop your skills and knowledge in this specialist work role.

**Challenging behaviours: Strategies for de-escalating, understanding and recovery** FS  
 Friday 23rd February 2018  
 Facilitator: Sheree McDonald  
 Develop strategies to deal with aggression and intense emotional expressions, and increase your understanding of typical factors contributing to hostility.

**Introduction to trauma informed care** FS  
 Wednesday 28th February and Thursday 1st March 2018  
 Facilitator: VICSERV Training Team  
 Become trauma informed and feel confident to respond to and support people who have experienced trauma.

## MARCH

**Introduction to recovery in person centred care** FS  
 Thursday 15th March 2018  
 Facilitator: VICSERV Training Team  
 This one day workshop introduces participants to the principles of recovery that underpin contemporary individualised mental health support.

**Developing and facilitating groups** New! FS  
 Thursday 22nd March 2018  
 Facilitator: VICSERV Training Team  
 Explore practical tips, guidelines and processes related to the development, facilitation and evaluation of groups.

**Working effectively with clients considered 'complex and challenging'** FS  
 Tuesday 27th March 2018  
 Facilitator: Brett Bridges  
 An interactive and exploratory workshop for community managed mental health workers, mental health clinicians and others working with clients considered complex and challenging.

## MAY

**Foundations of peer work** New! FS  
 Wednesday 2nd May 2018 to Tuesday 8th May 2018  
 Facilitator: VICSERV Training Team  
 Based on selected content from the Certificate IV in Mental Health Peer Work, this 5 day training course will introduce you to the fundamentals required to effectively work with an organisation as a peer worker. This course is an essential introduction for any consumers or carers who are, or want to be peer workers.

**Leading others through change** EP  
 Wednesday 9th May 2018  
 Facilitator: Adam Le Good  
 This one day program helps team leaders, supervisors and managers lead their staff through times of change, with practical insights into what staff will experience and the support and skills they will need to effectively navigate the change process.

**Customised Training  
VICSERV can come to you!**

We can deliver customised training in your workplace or region, at a time that suits you.  
 For more information please contact us.  
 E: training@vicserv.org.au P: (03) 9519 7000

**Understanding mental health: Recovery, systems and frameworks** FS  
 Monday 14th and Tuesday 15th May 2018  
 Facilitator: VICSERV Training Team  
 This two day course is designed for workers wanting to increase their knowledge about mental illness, the mental health system and frameworks for supporting consumers.

**Applied Suicide Intervention Skills Training (ASIST)** FS  
 Thursday 17th and Friday 18th May 2018  
 Facilitator: Living Works  
 The purpose of the ASIST program is to enhance community mental health worker's and caregiver's comfort, confidence and competence in helping a person at imminent risk of suicide.

## MAY

**Introduction to motivational interviewing** FS  
 Monday 21st and Tuesday 22nd May 2018  
 Facilitator: VICSERV Training Team  
 This two day workshop introduces participants to the basic principles and practices of motivational interviewing.

**Effective documentation** FS  
 Thursday 24th May 2018  
 Facilitator: VICSERV Training Team  
 Explore practical tips, legislation and guidelines related to documentation of the care and support provided to consumers, families and carers.

## JUNE

**Outreach safety for support staff** FS  
 Friday 1st June 2018  
 Facilitator: Holland Thomas  
 Learn to identify and positively manage the safety and ethical challenges of working in clients' own communities, including their own homes.

**Supporting self advocacy** New! FS  
 Tuesday 5th June 2018  
 Facilitator: VICSERV Training Team  
 Learn the skills and knowledge required to encourage, support and promote self-advocacy, in order to contribute to a person's self-determination, empowerment and rights.

**Professional supervision** EP  
 Wednesday 6th June and Wednesday 13th June 2018  
 Facilitator: Sheree McDonald  
 Over two days understand the key roles of an effective supervisor and develop the capabilities and skills required to lead teams.

**Collaboration skills unpacked** EP  
 Thursday 28th and Friday 29th June 2018  
 Facilitator: VICSERV Training Team  
 This two day workshop is designed for experienced staff in the mental health and community sectors. Participants will use their existing service knowledge to explore current collaborations and analyse these relationships throughout this workshop.

**Foundation Skills** FS

**Extended Practice** EP

### Membership

- VICSERV members receive
- \*Significantly discounted registrations, including customised training
- \*Access to exclusive events and forums
- \*Engagement and representation

For more information please call (03) 9519 7000  
 or email vicserv@vicserv.org.au

### Peer Workforce Development

- \*Short courses from the calendar
- \*5-day Foundations of peer work
- \*Certificate IV in Mental Health Peer Work
- \*Customised programs

VICSERV is committed to supporting and developing the peer workforce, building better services for all through the learnings available from lived experience.

For more information please call (03) 9519 7000  
 or email peerwork@vicserv.org.au

FOR MORE INFORMATION AND TO REGISTER

[WWW.VICSERV.ORG.AU](http://WWW.VICSERV.ORG.AU)