

Mental Health Victoria Professional Development

Semester 2, 2018

Basic Counselling Skills for creating solution focused conversations

NEW

Wednesday 11th & Thursday 12th July 2018
Facilitator: Kaz Mitchell

Learn to develop solution-focused conversations aimed at change.

FS

Mental Health Awareness

NEW

Wednesday 18th July 2018
Facilitator: Lorelle Zemunik

A course for anyone wanting to understand mental illness and learn how to respond to people who may be experiencing distress.

FS

Recovering Function – BPD Workshop

Tuesday 24th July 2018
Facilitator: Brett Bridges

Learn about the complexities of BPD and how to implement effective strategies for better outcomes.

EP

Communicating your lived experience

NEW

Wednesday 1st & Thursday 2nd August 2018
Facilitator: Lorelle Zemunik

Create meaningful conversations using your lived experience of mental health in a safe, effective way.

FS

Challenging Behaviours

Tuesday 14th August 2018
Facilitator: Sheree McDonald

Develop strategies to deal effectively with aggression and intense emotional expressions.

FS

Understanding Mental Health: Recovery, systems & frameworks

Wednesday 15th & Thursday 16th August 2018

Increase your knowledge about mental illness, the mental health system and frameworks for supporting clients.

FS

Developing emotional intelligence for strong leadership

NEW

Monday 27th & Tuesday 28th August 2018
Facilitator: Kaz Mitchell

Learn how our emotions impact upon relationships and how we can "read" situations to manage good outcomes.

EP

Introduction to Trauma Informed Care

Tuesday 4th & Wednesday 5th September 2018
Facilitator: Lorelle Zemunik

Become trauma informed and feel confident to respond to and support people who have experienced trauma.

FS

Introduction to Motivational Interviewing

Wednesday 12th & Thursday 13th September 2018
Facilitator: Kaz Mitchell

Understand the basic practices and principles of motivational interviewing in order to facilitate change with clients.

FS

Psychosocial disability and the NDIS

NEW

Tuesday 25th September
Facilitator: Lorelle Zemunik

Especially designed for LAC's and NDIS Planners, you can learn all about psychosocial disability, its impacts and what this means for participants of the NDIS.

FS

Applied Suicide Intervention Skills Training (ASIST)

Thursday 4th & Friday 5th October 2018
Facilitator: Kerry Dawson

Enhance your skills and feel more comfortable and confident in helping a person at imminent risk of suicide.

FS

Foundations in Peer Work

Wednesday 10th, Thursday 11th, Friday 12th,
Monday 15th & Tuesday 16th October 2018
Facilitator: Lorelle Zemunik

An essential introduction to peer work for consumers and carers who are, or who want to be peer workers.

FS

Collaborative Person Centred Safety Planning

NEW

Tuesday 23rd October 2018
Facilitator: Brett Bridges

Explore how to identify, comprehend and utilise risk content and information to respond to potential risk.

FS

Coaching and Mentoring

NEW

Wednesday 24th October 2018
Facilitator: Adam Le Good

Learn what makes an effective mentor, develop a structure for your mentoring role and utilise a range of mentoring skills.

EP

Self-care strategies to prevent vicarious trauma & burnout

NEW

Monday 29th & 30th October 2018
Facilitator: Kaz Mitchell

Learn to counteract and manage vicarious trauma and burnout through practical strategies and practices.

FS

Leading others through change

Wednesday 14th November 2018
Facilitator: Adam Le Good

Develop a range of tools to lead your staff through times of change.

EP

Developing & facilitating groups

Tuesday 20th November 2018
Facilitator: Lorelle Zemunik

Explore practical tips, guidelines and processes related to the development, facilitation and evaluation of groups.

FS

Project Management

Thursday 29th & Friday 30th November 2018
Facilitator: Adam Le Good

Understand the unique nature of projects and implement effective strategies for structuring and managing them.

EP

Supporting Self- Advocacy

Tuesday 4th December 2018
Facilitator: Lorelle Zemunik

Acquire the skills and knowledge to encourage, support and promote self-advocacy.

FS

Mental Health Victoria
(03) 9519 7000
learning@mhvic.org.au

Expression of Interest

Certificate IV in MH PW

Mental Health Victoria is currently scheduling our next course to commence in 2019.

Please complete the EOI on our website to be kept up to date and to have first opportunity to register.

www.mhvic.org.au

Customised Training We come to you!

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For more information please contact us:

learning@mhvic.org.au