

2019

# Annual Report

Mental Health Victoria is the peak body for mental health service providers in Victoria.



[mhvic.org.au](http://mhvic.org.au)

## **Incorporation**

Mental Health Victoria Ltd (ABN 79 174 342 927) is a public company limited by guarantee.

Our registered office is located at 2/22 Horne Street, Elsternwick Victoria 3185.

## **Charitable status, tax concessions and fundraising**

Mental Health Victoria Ltd is registered with the Australian Charities and Not-for-profits Commission (ACNC) as a Public Benevolent Institution (PBI). The Australian Taxation Office (ATO) has endorsed the company as an Income Tax Exempt Charity.

As a result, it receives income and certain other tax concessions, along with exemptions consistent with its status as a PBI which relate to Goods and Services and Fringe Benefits taxes. Mental Health Victoria is also endorsed by the ATO as a Deductible Gift Recipient (DGR).

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# Statement from the Board Chair and Chief Executive Officer

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From its birth in June 2018, Mental Health Victoria has over the past year taken on a strong leadership role in mental health system reform and been gladly embraced by a diverse stakeholder group who are hungry for change.

This has been seen particularly in the establishment of the Victorian Mental Health Policy Network which draws together more than 25 peak bodies and has provided a safe and collaborative space for stakeholders who would never otherwise have worked together.

It was a timely and strategic coalition, particularly given the work this year of the Royal Commission into Victoria's Mental Health System, an investigation we have championed.

MHV was a vocal public advocate for the Royal Commission and we were delighted to be at the Kyneton Men's Shed in October 2018 for Premier Daniel Andrew's election campaign announcement that it would be a feature of his second term in government.

Last year we articulated a sophisticated cross-sectoral case for change in our landmark report, *Saving Lives, Saving Money: The case for investment in Victoria's mental health*. Just 12 months later, the Policy Network delivered a comprehensive plan for change in our Joint Submission to the Royal Commission into Victoria's Mental Health System.

Our close collaboration has also enriched our submissions to two national inquiries of significance, the Productivity Commission's inquiry into mental health and the Royal Commission into Aged Care Quality and Safety.

As well as seeking to shape policy change, MHV also this year successfully advocated for critical new funding in mental health.

That included making the case for much-needed 'stop gap' funding community managed mental health services which saw the Victorian Government make an out-of-budget commitment of \$70 million over two years in September 2018.

This was significant for a number of reasons: the funding was secured through a partnership between MHV and the Australian Services Union, was delivered 'out of budget' and ahead of the state election (that is, real money versus a promise), and meant hundreds of jobs were saved.

In addition, the Department of Health and Human Services committed \$450,000 to start the upskilling of a new generation of community mental health workers in the NDIS and continued to invest in our Lived Experience Workforce Program.

We also saw significant success nationally, with \$114.5 million committed by the Federal Government in April 2019 for a trial of 8 adult community mental health centres and later pledging to the rollout of at least 100 such centres over 10 years.

MHV took the lead on developing and advocating for the program, which may be one of the most important investments in mental health since the advent of headspace.

Over the past 12 months, MHV has made steady progress building a media presence from a low baseline, albeit with very limited resources. We are increasingly called on to provide comment and briefings to journalists and have used our growing profile to encourage both the Victorian and Federal governments to take action on and invest in mental health.

This year has also seen important internal change, continuing the phased transition from a representational style board to a skills and experience-based board under MHV's new constitution. The final phase of that transition will be the election of up to two new directors in November 2019.



**Damian Ferrie**  
Board Chair



**Angus Clelland**  
CEO

We farewelled long serving directors Terry Palioportas and Glen Tobias and welcomed Emma King, CEO of the Victorian Council of Social Service (VCOSS).

Over 2018-19, MHV's Nominations Committee assessed the current and likely future skills, experience and diversity needs of the Board and oversaw the appointment/ election process for the following new directors in June 2019, each of whom commenced as directors in August 2019:

- **Dr Leslie Cannold**, Australian philosopher, ethicist, educationalist, writer, activist and public intellectual (appointed Director)
- **Christopher McDermott**, Barrister, Owen Dixon Chambers West, Victorian Bar
- **Peter Pynta**, Chief Executive Office APAC, Neuro-Insight

We want to thank our Board members, staff, stakeholders and supporters for all their work through such a busy and significant year.

For the year ahead we are facing a 'perfect storm of reform' in policy and practice, with the convergence of ongoing inquiry and reports from the Royal Commission into Victoria's Mental Health System, the



▲ **Left to Right:** Angus Clelland, CEO Mental Health Victoria, the Hon. Julia Gillard AC, Chair beyondblue, Damian Ferrie, CEO Star Health, Liz Crowther, Chair Community Mental Health Australia.

Productivity Commission, the Aged Care Royal Commission, the Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability and also the potential for a Royal Commission into veteran suicide.

We look forward to working with you all again to ensure the mental health care needs of Victoria are met.

**Damian Ferrie**  
Board Chair

**Angus Clelland**  
CEO

# Policy and Advocacy



Through our policy and advocacy work our objective is to champion mental health system reform by being a respected and strategic voice for change.

Our team had a big focus this year on significant state and national inquiries into mental health — the Royal Commission into Victoria's Mental Health System, the Productivity Commission inquiry into mental health, and the Royal Commission into aged care.

We consulted widely and across sectors to provide multiple targeted and well-informed submissions to each. We also hosted a timely summit on the issues facing of older people with mental health issues.

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## Victorian Mental Health Policy Network (VMHPN)

Following the release of *Saving Lives. Saving Money* in mid 2018, MHV established the Victorian Mental Health Policy Network (VMHPN), which brought together organisations involved in the Victorian mental health service system. The Network provides input to MHV's annual policy and research program and strategic policy advice on key issues, including:

- service gaps across the mental health system
- priorities for investment
- preventing unnecessary hospital admissions
- state and Federal election campaign coordination
- strategies for media and communications
- MHV's annual policy and research program.

The Network has played an important role in influencing mental health system improvements, including advice on government funding initiatives and supporting mental health jobs. The Network played a very significant role in the lead-up to the November 2018 Victorian State election, and the development of submissions to the Productivity Commission and Victorian Royal Commission in early to mid-2019, and will continue to advocate for reform and increased investment in mental health services.

## Membership of the VMHPN

- Ambulance Employees Australia
- Australasian College for Emergency Medicine (ACEM)
- Australian College of Mental Health Nurses
- Australians for Mental Health
- Australian Medical Association Victoria (AMA Vic)
- Australian Nursing & Midwifery Federation (ANMF)
- Australian Psychological Society (APS)
- Australian Services Union (ASU)
- Carers Victoria
- Community Housing Industry Association (CHIA) Vic
- Council to Homeless Persons (CHP)
- Clarity Health
- Ethnic Communities' Council of Victoria (ECCV)
- Health and Community Services Union (HACSU)
- Mental Health Foundation
- Mental Health Legal Centre
- Mental Health Victoria
- National Disability Services
- Orygen, The Centre of Excellence in Youth Mental Health
- Rainbow Health Victoria
- Royal Australian and New Zealand College of Psychiatrists (RANZCP)
- Royal Australian College of General Practitioners (RACGP)
- Tandem Carers
- The Police Association of Victoria
- Victorian Alcohol and Drug Association (VAADA)
- Victorian Healthcare Association (VHA)
- Victorian Aboriginal Community Controlled Health Organisation (VACCHO)
- Victorian Council of Social Service (VCOSS)
- Victorian PHN Alliance
- Victorian Mental Illness Awareness Council (VMIAC)

# Major publications and submissions

## ***Saving Lives. Saving Money: the economic case for increased investment in Victoria's mental health system.***

In June 2018, MHV launched the landmark report *Saving Lives. Saving Money: the economic case for increased investment in Victoria's mental health system* at the Melbourne Town Hall. Leading mental health advocate Professor Pat McGorry launched the report, with experts from KPMG speaking about the economics of mental health investments.

*Saving Lives. Saving Money* set out the current state of mental health in Victoria, highlighting that:

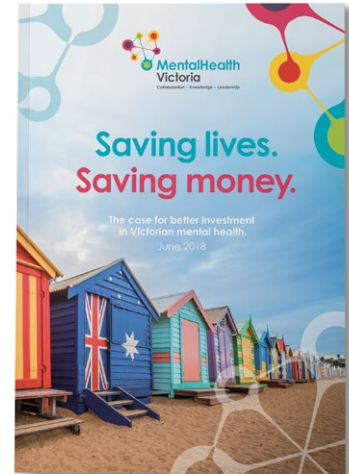
- Victoria had the lowest per capita expenditure on mental health in the country — 13 per cent below the national average.
- Only 1.1 per cent of Victorians received clinical mental health care — a staggering 39 per cent lower than the national average.
- Only a very small proportion of the estimated 150,000 people

experiencing severe mental illness each year would be eligible for the NDIS.

- Two out of every three young people in Victoria who need mental health services are being turned away.
- Every 10 minutes a person with a serious mental health issue presents to an Emergency Department in Victoria, up more than 19% over the past four years.

Drawing on expert economic modelling by KPMG, MHV calculated that investment had to grow to an additional \$543 million p.a. by 2022 just to ensure that Victoria meets national average service access rates.

The report was very well received and widely quoted in the national media and continues to inform considerable work in the mental health sector.



## ***Terms of Reference for the Royal Commission into Victoria's Mental Health System, January 2019***

With input from numerous stakeholders across the mental health system, MHV contributed to the formation of the Terms of Reference for the Royal Commission into Victoria's Mental Health System.

Our submission highlighted the unprecedented opportunity of the Royal Commission to design and build a mental health system that meets the mental health needs of all Victorians. It outlined the need for the Terms of Reference to be comprehensive enough to ensure a strong focus on prevention and early intervention, innovative service design, and the delivery of services that are evidence based, accessible, person-centred, holistic and integrated, and backed by sustained long-term investment.

MHV recommended the Terms of Reference include:

- a logical overarching framework which places people at the centre and crosses the entire lifespan, specifically addressing the needs of particular populations
- data collection, benchmarks and targets to measure success
- a comprehensive investigation of mental health service models and integration with other service sectors, including justice
- research, innovation and best practice approaches
- a focus on early intervention and suicide prevention
- a focus on family and carers
- all relevant workforce implications.



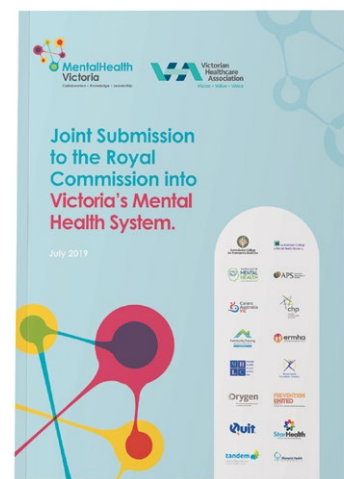
### **Joint Submission to the Royal Commission into Victoria's Mental Health System, July 2019.**

In July 2019 MHV made a Joint Submission, with the Victorian Healthcare Association and 16 other organisations, to the Royal Commission into Victoria's Mental Health System. The submission was formulated in consultation with the Victorian Mental Health Policy Network and other key mental health stakeholders from across the state.

MHV and VHA advocated for a renewed focus on large scale investment at both ends of the mental health system — community-based and hospital-based care. It urged a shift towards prevention and primary care, a greater focus on early intervention particularly for young people, equity of access in growth corridors and rural and regional areas and to all community groups, consistent and integrated whole-of-life services that provide care across the health and social systems, and overarching governance reform.

The submission made 37 detailed recommendations for the reform of Victoria's mental health system, including to:

- follow the recent lead of New Zealand to urgently establish a Mental Health and Wellbeing Commission
- develop and implement a properly scoped and fully funded Mental Health Service and Infrastructure Plan
- establish a fully-funded Centre for Mental Health Research and Innovation
- develop and implement a new Community Mental Health Care Model
- redevelop the Victorian Mental Health Workforce Strategy and conduct a peer workforce trial.



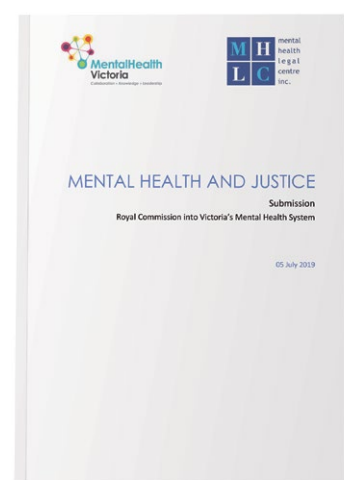
### **Mental Health & Justice — Joint Submission to the Royal Commission into Victoria's Mental Health System, July 2019.**

In collaboration with the Mental Health Legal Centre (MHLC), MHV made a second submission to the Royal Commission into Victoria's Mental Health System.

This recognised that promoting and protecting the social and legal rights of people with mental illness requires access to services that provide clear information, work collaboratively and identify and address systemic injustices. The Mental Health and Justice submission outlines some best practices models of justice initiatives and recommends further resourcing, evaluation and development to ensure a more just system.

MHV and MHLC also recommended that the Victorian Government safeguard the social, legal and human rights of people with mental illness by:

- establishing mechanisms to ensure compliance with the United Nations Principles for the Protection of Persons with Mental Illness and the Improvement of Mental Health Care
- implementing a therapeutic justice approach
- resourcing Health-Justice Partnerships
- ensuring access to mental health and legal services for Victorian prisoners
- establishing multidisciplinary community support hubs to prevent and reduce contact between people living with mental illness and the criminal justice sector.



### Initial Submission Productivity Commission Inquiry, April 2019

The cost of mental illness to the Australian economy is around 4 per cent of gross domestic product (GDP). Improving the mental health of the population will return significant dividends to the economic productivity of the country as well as major health and social benefits.

The Productivity Commission's Inquiry into Mental Health represents an opportunity to realise these positive returns.

MHV's Initial Submission to the Inquiry was a bold statement for major change across all aspects of mental health policy, funding, program delivery and accountability.

We urged it to critically investigate and recommend improvements to: mental health governance arrangements, data and reporting systems; funding models, funding

levels and distribution; targets for workforce size, composition, capability and development; the relationship between mental health and the NDIS; and quality and safeguarding mechanisms.

Among our recommended improvements that would enable real change were to:

- draw on and replicate innovative models
- establish service hubs to address gaps and inconsistencies in the mental health system and improve the integration of mental health and other sectors
- promote mental wellbeing at a population level and focus on prevention
- address the social and economic determinants of mental health.



### Focusing on prevention: A joint submission to the Productivity Commission inquiry into mental health, April 2019

MHV was pleased to be part of an expert coalition from the health and social sectors brought together by VicHealth and Prevention United to develop a submission to the Productivity Commission inquiry that underscores the importance of prevention as a central pillar of both mental health and general health systems.

This Joint Submission called for the reinstatement of prevention as a core priority in national mental health plans and a progressive funding increase for prevention initiatives to fully realise these benefits. It drew together research and initiatives that target mental health issues, chronic disease, alcohol and substance misuse, gambling, family violence,

social determinants of health and other closely related public health issues.

The submission also recommended a focus on:

- early life and risk and protective factors across the lifespan
- groups at increased risk of mental ill-health
- interventions in key settings, such as education, workplaces and the health sector
- building the evidence base through research, monitoring and evaluation
- regulatory decisions.

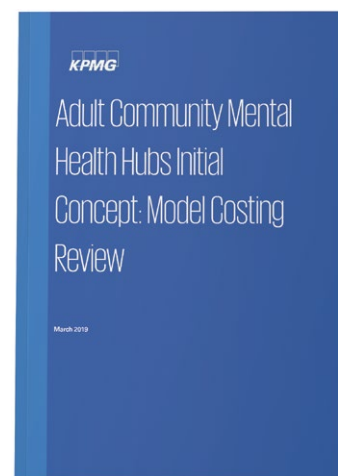


### Adult Community Mental Health Hubs Initial Concept: Model Costing Review, March 2019

Millions of Australians cannot access the mental health care they need and often GPs have nowhere to refer people with complex mental illness apart from the emergency department.

MHV brought together representatives from rural, regional and metropolitan community and hospital networks to develop a model for an adult mental health centre which was then costed by KPMG.

With the assistance of Australian's for Mental Health, MHV recommended that the Commonwealth Government implement this model. We were delighted that the 2019 Federal Budget contained funding for Federal Health Minister the Hon. Greg Hunt MP's commitment to trial 8 of these centres across Australia. Since then the Minister has publicly stated he would like to see 100 or more of these centres rolled out across the country.



### Other policy consultation

- Senate Standing Committee on Community Affairs, Accessibility and Quality of Mental Health Services in Rural and Remote Australia
- Royal Commission into Aged Care Terms of Reference
- Royal Commission into Violence, Abuse, Neglect and Exploitation of People with a Disability Terms of Reference
- Joint Standing Committee on the NDIS: Inquiry into General Issues around Implementation

### MHV News

Our news service is now released weekly and in a more concise format. It aims to keep MHV members and stakeholders informed and up-to-date about issues relevant to the sector, including reforms and transitions, policy, the NDIS, and MHV activities, events, conferences and opportunities.

### MHV Journal

The Summer 2018-19 edition of *newparadigm*, Integration and Collaboration: Best practice and lessons learned, showcased collaborative cross-sector approaches to care. It examined and reported on the key lessons of initiatives that are seeking to provide integrated care to people experiencing mental illness.

MHV is currently undertaking a review of the publication and a new and improved MHV Journal will be launched in 2020.

### Ageing, Disability and Mental Health Collaborative Panel

Throughout the year MHV has been a member of the Ageing, Disability and Mental Health Collaborative Panel (supported by State Trustees Australia Foundation), working alongside the Australian Federation of Disability Organisations (AFDO), Carers Victoria, COTA Victoria, Ethnic Communities' Council of

Victoria, NDS (National Disability Services) and the Victorian Council of Social Service.

The panel aims to build the capacity of the ageing, disability and mental health sectors as they undergo transformational reforms. This year it has developed key projects to assist individuals, service providers and peak organisations as they adjust to the major reforms over the coming years.



▲ Dr Stephen P King, Presiding Commissioner of the Productivity Commission Inquiry into Mental Health, attending the MHV Mental Health Leaders Lunch.

### Building consumer control and choice into service design and delivery

With funds provided by the State Trustees Australia Foundation, MHV has completed a project to support organisations across the ageing, disability and mental health sectors to better incorporate consumer choice and control into their service design and delivery.

We have worked with the Australian Federation of Disability Organisations (AFDO), which provided practice case studies and a trainer with lived experience of disability.

Based on a foundation of knowledge accumulated from consultations with providers, consumers and carers, we developed a half-day program

around promoting consumer choice and control.

Utilising the Communities of Practice, also developed via the Collaborative Panel, three half-day programs were then co-delivered by MHV and AFDO's trainer to the NEMA, Western and Frankston Communities of Practice.

# Forums and events



Mental Health Victoria hosted a range of high profile public and member events through the year, to amplify critical issues and inform members and stakeholders amid an agenda of reform in mental health, statewide and nationally.

Our speakers included former Prime Minister Julia Gillard, Assistant Minister for Social Services, Housing and Disability Sarah Henderson, Shadow Mental Health Minister Julie Collins, and Victorian Mental Health Minister Martin Foley.

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## NDIS and Mental Health Conference

This strategic 2018 event took place amid great change and debate around the rollout of psychosocial services under the National Disability Insurance Scheme, and attracted more than 700 delegates from around Australia and overseas over the two-day event.

The ABC's Dr Norman Swan was MC for the event, which featured a significant list of keynote speakers and panellists, including:

- Lucy Brogden AM, Chair National Mental Health Commission
- Prof. Patrick McGorry AO
- John Brogden AM
- Prof. Allan Fels AO
- Janet Meagher AM
- Prof. Diana Rose, Kings College London
- Hon. Martin Foley MP, Victorian Minister for Mental Health
- Dr Tony Bartone, President AMA
- Dr Gerry Naughtin, Strategic Adviser NDIA
- Sarah Henderson MP (Lib.) Assistant Minister Social Services, Housing & Disability Services
- Emma Kealy MP, Victorian Shadow Minister for Mental Health
- Julie Collins MP, Shadow Minister Mental Health
- Senator Rachel Siewart, Australian Greens Mental Health Spokesperson
- Associate Professor Stephen Macfarlane, chair of the Royal Australian and New Zealand College of Psychiatry's (RANZCP) Faculty of Psychiatry of Old Age.
- Assoc. Professor Simon Stafrace, Program Director, Alfred Psychiatry

## Mental health and ageing summit

With two critical Royal Commissions underway, nationally into aged care and statewide into mental health, MHV this year brought together leaders from across the aged care and mental health sectors to shine a spotlight on the mental health and wellbeing of older Australians.

The one day summit heard from consumers, carers, clinicians, academics, policy specialists and government officials on barriers and opportunities for service provision across the care continuum, consumer-oriented and carer-inclusive care, and priorities for system reform.

Speakers included:

- Gerard Mansour, Victoria's first Commissioner for Senior Victorians and its Ambassador for Elder Abuse Prevention
- Dr Danial O'Connor, Victoria's Deputy Chief Psychiatrist
- Dr Colleen Pearce, Victoria's Public Advocate

## Member events

MHV also delivered an extensive program of events to keep members updated on critical policy areas, to amplify our policy agenda, and to provide opportunities to meet and share information. The events included:

- CEDA-MHV Industry Lunch: Prof Allan Fels AO (Dec 2018)
- Royal Commission Terms of Reference Forum (Jan 2019)
- Productivity Commission submission forum (March 2019)
- VMHPN Sector Lunch: Victorian Mental Health Minister Martin Foley (March 2019)
- CEDA-MHV Industry Lunch featuring Minister Martin Foley (March 2019)
- Mental Health Leaders Lunch: Dr Stephen King (Productivity Commission) and Minister Foley (May 2019)



▲ Lucinda Brogden AM, Chair National Mental Health Commission attending the MHV annual conference.



▲ Prof Patrick McGorry AO, Executive Director of Orygen, is interviewed at the MHV annual conference by MC Dr Norman Swan, ABC journalist and broadcaster.

## Media

Over the past 12 months, MHV has made steady progress building a media presence with the new brand, albeit with very limited resources. In addition to providing comment and analysis in the articles highlighted below, MHV has provided regular Opinion pieces and media briefings on broad areas of mental health reform.

We have used our growing profile to promote reform and to encourage both the Victorian Government and the Commonwealth to take action and invest in mental health.

Geelong Advertiser, 19 June 2019: **Grieving mum Kim Edgar fights to close the gap in failing mental health system:** <https://www.geelongadvertiser.com.au/news/geelong/grieving-mum-kim-edgar-fights-to-close-the-gap-in-failing-mental-health-system/news-story/ddd23690a6303ef590d97b25b8e4abc5>

Ballarat Courier, 14 June 2019: **Promoting people's right to be equally well:** <https://www.thecourier.com.au/story/6215742/promoting-peoples-right-to-be-equally-well/>

Daily Mail, 27 May 2019: **Responses to Victoria's Budget** <https://www.dailymail.co.uk/wires/aap/article-7074149/Responses-Victorias-budget.html>

The Canberra Times, 27 May 2019: **Responses to Victoria's Budget** <https://www.canberratimes.com.au/story/6184721/responses-to-victoriasbudget/digital-subscription/>

9News, 27 May 2019: **Responses to Victoria's budget** <https://www.9news.com.au/national/responses-to-victoria-s-budget/e558d74e-659d-4e5b-840e-2ef7504dd9f3>

SBS, 26 May 2019: **Responses to Victoria's Budget** <https://www.sbs.com.au/news/responses-to-victoria-s-budget>

Radio Gold FM interview, 26 May 2019.

Bendigo Advertiser, 10 May 2019: **Let's keep doing a better job on mental health** <https://www.bendigoadvertiser.com.au/story/6116556/lets-keep-doing-better-onmental-health/>

The Courier, 12 April 2019: **Have your say on mental health — at the ballot box and Royal Commission** <https://www.thecourier.com.au/story/6030871/news-time-to-have-say-on-mentalhealth/>

The Age, 26 March 2019: **"Nothing between GP and emergency": Victoria's mental health failure.** <https://www.theage.com.au/politics/victoria/nothing-between-gp-and-emergency-victoria-smental-health-failure-20190227-p510ip.html>

The Age, 24 February 2019: **Commissioners named in bid to fix state's 'broken' mental health system** <https://www.theage.com.au/politics/victoria/commissioners-named-in-bid-to-fixstate-s-broken-mental-health-system-20190224-p50zw2.html>

Fairfax regionals, 18 January 2019: **Suicide rate continues to plague rural areas.** <https://www.bordermail.com.au/story/5857327/suicide-rate-continues-to-plague-rural-areas/>

<https://www.thecourier.com.au/story/5857321/suicide-rate-continues-to-plague-ruralareas/?cs=13390>

Fairfax regionals, 15 February 2019: **Disasters: How they hurt and how they heal** <https://www.thecourier.com.au/story/5906515/disasters-how-they-hurt-and-how-they-heal/>

The Age, 16 January 2019: **Mental health royal commission overwhelmed by response** <https://www.theage.com.au/national/victoria/mental-health-royal-commission-overwhelmed-byresponse-20190116-p50rp1.html>

Pro bono news, 18 January 2019: **Government Invests \$1.45B into Community Mental Health** <https://probonoaustralia.com.au/news/2019/01/government-invests-1-45b-community-mentalhealth/>

The Age, 24 February 2019: **Commissioners named in bid to fix state's 'broken' mental health system** <https://www.theage.com.au/politics/victoria/commissioners-named-in-bid-to-fix-state-s-brokenmental-health-system-20190224-p50zw2.html>

The SMH, 24 February 2019: **Commissioners named in bid to fix state's 'broken' mental health system** <https://www.smh.com.au/politics/victoria/commissioners-named-in-bid-to-fix-state-s-brokenmental-health-system-20190224-p50zw2.html>

Fairfax, 07 December 2018: **Mental health a hot button issue with voters:** <https://www.thecourier.com.au/story/5799883/mental-health-a-hot-button-issue-withvoters/>

Croakey, 30 November 2018: **National NDIS & Mental Health Conference series:** <https://croakey.org/read-all-about-it-our-report-from-ndismentalhealth-with-wide-rangingcalls-to-action/>

ABC, 29 October 2018: **Matters of State: Victoria's broken mental health system:** <https://www.abc.net.au/radio/programs/am/matters-of-state-episode03/10433722>

Fairfax, 27 October 2018: **Why a mental health Royal Commission is needed:** <https://www.thecourier.com.au/story/5724352/mental-health-royal-commission-isneeded/>

Pro Bono Australia on 25 October 2018: **Sector Welcomes Historic Mental Health Royal Commission:** <https://probonoaustralia.com.au/news/2018/10/sector-welcomes-historicmental-health-royal-commission/>

SBS News, 24 October 2018: **Victorian Labor is promising a \$13.2 million royal commission into mental health if re-elected at the November state-election:** <https://www.sbs.com.au/news/vic-mental-health-royal-commission-pledge>

9News, 24 October 2018: **Labor promises mental health royal commission if re-elected:** <https://www.9news.com.au/national/2018/10/24/15/01/labor-government-victoria-danielandrews-promises-mental-health-royal-commission-state-election>

## The Courier

### Mental health a hot button issue with voters

Angus Clelland

Comment



With the Victorian election over and Labor returned for another four years in government, we now look forward to the Royal Commission into Mental Health promised by Premier Daniel Andrews at the Kyneton Men's Shed during the election campaign.

ABC, 24 October 2018: **Victorian Premier Daniel Andrews promises royal commission into mental health:** <https://www.abc.net.au/news/2018-10-24/victoria-daniel-andrews-royalcommission-into-mental-health/10423104>

The Age, 24 October 2018: **'It will save lives': Labor promises royal commission on mental health:** <https://www.theage.com.au/politics/victoria/it-will-save-lives-labor-promises-royalcommission-on-mental-health-20181024-p50bla.html>

Bendigo Advertiser, 24 October 2018: **Daniel Andrews promises royal commission into mental health:** <https://www.bendigoadvertiser.com.au/story/5720957/vic-premierpromises-australian-first-royal-commission-into-mental-health/>

The Conversation, 19 October 2018: **Please don't dismiss the PC inquiry into mental health as 'just another inquiry':** <http://theconversation.com/please-dont-dismiss-the-pc-inquiry-into-mental-health-as-just-another-inquiry-104695>

Geelong Advertiser, 14 October 2018: **Health Play production Out of the Blue explores rural mental health issues:** <https://www.geelongadvertiser.com.au/news/geelong/healthplay-production-out-of-theblue-explores-rural-mental-health-issues/news-story/01f0661156f3395f96d2f0270d74d084>

The Australian, 9 October 2018: **With mental health front of mind, we'll all prosper:** <https://www.theaustralian.com.au/opinion/with-mental-health-front-of-mind-we'll-all-prosper>

The Ballarat Courier/Border Mail, 29 September 2018: **Aged care must meet mental health needs:** <https://www.bordermail.com.au/story/5674931/aged-care-must-meet-mental-health-needs>

SBS News, 13 September: **Mental health cash flow for Victorians:** <https://www.sbs.com.au/news/mental-health-cash-flow-for-victorians>

The Ballarat Courier/Border Mail etc, 31 August 2018: **Dealing with drought that 'eats away at you':** <https://www.thecourier.com.au/story/5618857/dealing-with-drought-that-eats-away-at-you>

ABC Local, 11 August: 2018 NDIS Transition prompts fears for community mental health services <https://www.abc.net.au/news/2018-08-12/fears-over-ndis-takeover-of-community-mentalhealth-services/10106720>

The Ballarat Courier/Border Mail etc, 3 August 2018: **Why regional MPs need to step up on mental health:** <https://www.thecourier.com.au/story/5562484/our-mps-need-to-step-up-on-mental-health>

9 News, 19 July 2018: **'Target 2025' plans to drastically reduce Victorian smoking numbers by 2025:** <https://www.9news.com.au/national/2018/07/19/06/00/victoria-plan-to-quit-smoking-by-2025>

# Workforce Development and Learning



Building the capacity of the mental health workforce and others who interact with people with mental health issues is a priority focus for Mental Health Victoria. This year we continued to work at both a strategic level, through participation in a range of statewide bodies, and in delivering training on the ground. We also developed and delivered a suite of training products aimed at the professional development of the mental health peer workforce.

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## Building the mental health capabilities of services in Victoria

MHV continued to work this year with a range of individual services, in mental health and the broader community sector, to provide workforce training and development.

We provided significantly more training this year, in part underpinned by our work in the Victorian Community Care Education and Training Service Training Calendar, but also through more requests for in-house training, delivered at the workplace.

This work included collaborating with a number of MHV members to develop customised programs. For example we worked with the BPD (Borderline Personality Disorder) community to co-develop and deliver a program (4 x ½ days sessions delivered on weekends) to equip BPD's members to use their lived experience as BPD Ambassadors generally and also when making representations to official inquiries, including the current Victorian Mental Health Royal Commission.

### Short course training delivered in 2018–2019 included a range of topics:

- Suicide prevention
- Motivational interviewing
- Responding to challenging behaviours
- Recovery oriented practice
- Supporting self-advocacy
- Trauma informed care
- Mental health awareness and literacy
- Developing and facilitating small groups
- Peer Work and using Lived Experience in Mental Health

## Increased demand for professional development delivery

Delivered training	2017–2018	2018–2019	Variance (year on year)
1. Individual days of training	107	142	+33%
2. Individual events	72	110	+53%
3. Training days	1,337	1,667	+25%
4. Participants	916	1,510	+65%

## Systemic workforce development

Mental Health Victoria continued to engage with a range of organisations, networks, and forums around more systemic, broader workforce development issues and activity.

These include through and with:

- DHHS Mental Health Workforce Reference Group
- Centre for Mental Health Learning Victoria,
- The Community Services and Health Industry Advisory Group, with the Office of the Victoria Skills Commissioner and the Community Services and Health Industry Training Advisory Board (CS&HITAB)
- Department of Education and Training NDIS Expert Advisory Group
- The Collaborative Panel, supporting the Cross-sector Learning & Development Project, auspiced by the Victorian Council of Social Service (VCOSS)
- Swinburne University of Technology, providing short courses for the Victorian Community Care Education and Training Service Training Calendar
- The Lived Experience Workforce Strategies Stewardship Group

## Helping to build Victoria's Mental Health Peer Workforce

Our engagement with the newly established Lived Experience Workforce Strategies Stewardship Group is an important development, strengthening existing relationships and providing an opportunity to better collaborate with a wider range of partners and stakeholders.

This group complements and supports the ongoing evolution of professional development programs for Peer Workers and the Lived Experience Workforce more generally, including delivering the CHC 43515 Certificate IV Mental Health Peer Work, a nationally accredited qualification delivered through our partnership with Wodonga Institute of TAFE.

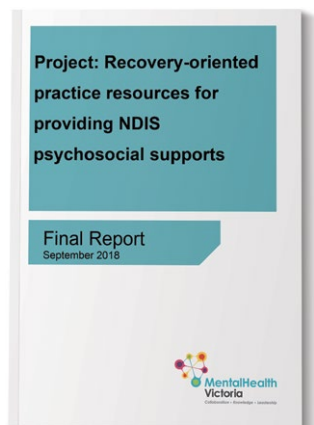
This year two Certificate IV Mental Health Peer Work programs were completed, and a new program commenced, for completion in early 2020.

This program is being delivered in Warrnambool where MHV has worked closely with Southwest Healthcare and, in particular, with its Consumer Consultant to both establish the program and support its ongoing delivery. It is the second Certificate IV program that MHV is delivering in regional Victoria.

Alongside the accredited training, MHV also has delivered a range of non-accredited, short courses around using Lived Experience. Chief amongst these courses is the five day Foundations in Peer Work, introduced in 2018 and growing in popularity.

### Innovative solutions for changing workforces

MHV also completed a project to develop and pilot an innovative development program and associated resources to test new delivery modes (for example, mobile learning) while strengthening recovery oriented practice in organisations and workers providing psychosocial disability supports through the National Disability Insurance Scheme (NDIS).



The project is being undertaken in close collaboration with NDIS Psychosocial Disability providers and their workers, along with the Victorian Department of Health and Human Services, and NDS (National Disability Services — Victorian branch).

It will develop a Psychosocial Capability Framework for the NDIS Provider Workforce and, in line with that, will design and develop a suite of accessible, NDIS contextualised, professional development programs utilising digital learning technologies.



▲ ABC national medical reporter Sophie Scott leads discussions at the MHV Mental Health and Ageing Summit.



▲ Gail Guest, Mental Health Victoria and the Hon Martin Foley MP, Victorian Minister for Mental Health attending the MHV Mental Health Leaders Lunch.



▲ John Broden AM, Chairman of Lifeline Australia, delivering a keynote address at MHV's annual conference.

# Governance



## Approach to Corporate Governance

Mental Health Victoria Ltd is governed in accordance with the Corporations Act 2001 (Cth), Australian Charities and Not-for-profits Commission Act 2012 (Cth), the Constitution of Mental Health Victoria, and the Board Governance Charter (available on the Mental Health Victoria website).

Our approach to corporate governance is based on a set of values and behaviours that underpin day-to-day activities, provide transparency, and protect the interests of stakeholders. This approach includes a commitment to corporate governance excellence, which Mental Health Victoria sees as fundamental to its sustainability and performance.

### Patron

Our Patron is Professor Allan Fels AO

### Ambassador

Our Ambassador is Professor Patrick McGorry AO

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## Board Structure

The Mental Health Victoria Board is comprised of up to 11 non-executive, unpaid Directors. The functions reserved for the Board and those delegated to management are formally documented in the *Board Governance Charter*, *Director Letter of Appointment*, and *Instrument of Delegation*.

At 30 June 2019, the following directors were in office and there were three vacancies:



**Ms Alys Boase**

Chief Operations Officer,  
Ermha Ltd



**Mr Damian Ferrie  
(Board Chair)**

Chief Executive Officer,  
Star Health Ltd



**Ms Emma King**

Chief Executive Officer,  
Victorian Council of Social  
Service (VCOSS)



**Ms Tassia Michaleas**

Chief Executive Officer,  
Merri Health Ltd



**Prof. Richard Newton**

Clinical Director,  
Peninsula Mental Health Service



**Mr Quinn Pawson**

CEO, VincentCare Ltd



**Assoc. Prof. Simon Stafrace**

Program Director,  
Alfred Psychiatry



**Mr Simon Wrigley**

Executive Director Business  
Services, Mind Australia Ltd

On an annual basis, the Board's Nominations Committee undertakes a Board skills assessment and make recommendations to the Board on any gaps.

## Governance Reform

In 2018, the Board and Members of Mental Health Victoria's predecessor, Psychiatric Disability Services of Victoria Inc., agreed to a suite of major reforms including the adoption of a new name (Mental Health Victoria), transition to a company limited by guarantee, and the adoption of a new constitution.

The new organisation was officially launched at the Melbourne Town Hall in June 2018.

A key feature of the new constitution was the phased transition from a representational style board to one based on skills and experience. The final phase of this transition will be the election of up to two new directors in November 2019.

Over 2018-19, MHV's Nominations Committee assessed the current and likely future skills, experience and diversity needs of the Board and oversaw the appointment/election process for the following new

directors, each of whom commenced as directors in August 2019:

- **Dr Leslie Cannold**, Australian philosopher, ethicist, educationalist, writer, activist and public intellectual
- **Mr Christopher McDermott**, Barrister, Owen Dixon Chambers West, Victorian Bar
- **Mr Peter Pynta**, Chief Executive Officer APAC, Neuro-Insight

## Members & Supporters

We like to thank all of our Members and Supporters for their invaluable contributions over that past year.

### Organisations

Alfred Health  
 Anglicare Victoria  
 Anxiety Recovery Centre Victoria (ARCVic)  
 APMHA Healthcare — formerly Australian Primary Mental Health Alliance  
 Australian Community Support Organisation (ACSO)  
 Australian Nursing & Midwifery Federation (ANMF)  
 Australian Psychological Society (APS)  
 Australian Services Union (ASU)  
 Australians for Mental Health  
 Ballarat Community Health Centre  
 Barwon Disability Resource Council  
 Breakthru  
 Call to Mind  
 Cancer Council Vic  
 Cardinia Shire Council  
 Carers Victoria  
 Carers Victoria Footscray  
 Centacare Catholic Diocese of Ballarat  
 Clarity Health Care Pty Ltd  
 Cohealth — Head Office  
 Community Housing Industry Association (CHIA) Vic  
 Connect Health and Community  
 Council to Homeless Persons (CHP)

Drummond Street Services Inc.  
 DVP Health  
 EACH  
 Eating Disorders Victoria  
 Ermha  
 Ethnic Communities' Council of Victoria (ECCV)  
 First Step  
 Flourish  
 Gateway Health  
 GenU Karingal St Laurence  
 GMHBA  
 Golden City Support Services Inc.  
 Grampians Community Health Centre  
 Guidestar life  
 Health and Community Services Union (HACSU)  
 Integra  
 IPC Health Ltd  
 Jesuit Social Services  
 Jewish Care Victoria  
 LivSmart Pty Ltd  
 Mallee Family Care (Mildura)  
 McAuley Community Service for Women  
 Mental Health First Aid International  
 Mental Health Foundation  
 Mental Health Legal Centre  
 Mental Health Victoria  
 Mentis Assist

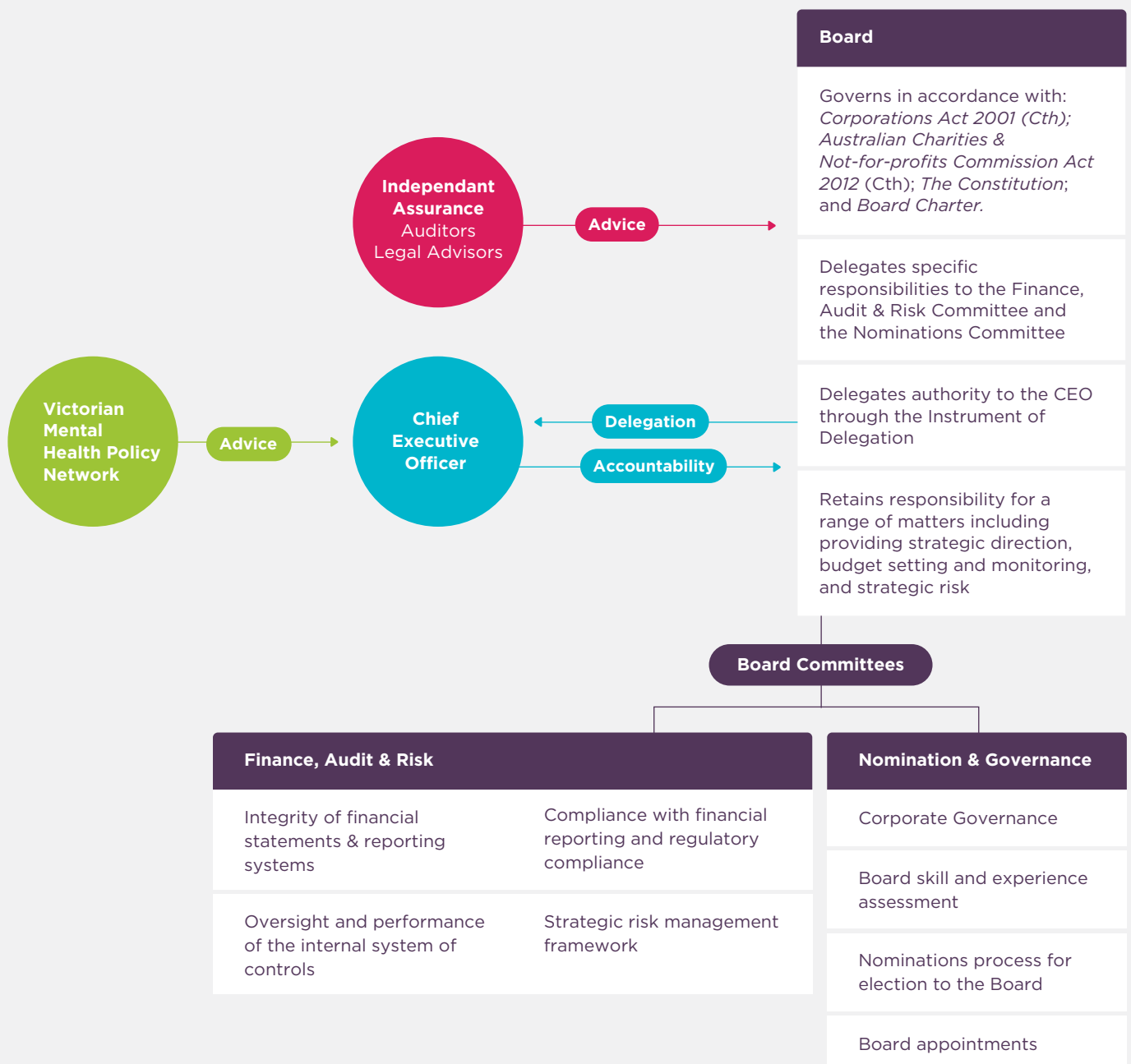
Merri Health — Coburg  
 Mind Australia  
 National Disability Services  
 Neami National  
 Neighbourhood Connect  
 One in Five  
 Orygen, The Centre of Excellence in Youth Mental Health  
 Outlook Employment  
 PANDA  
 Peninsula Mental Health Services  
 Prevention United  
 Rainbow Health Victoria  
 Royal Australian and New Zealand College of Psychiatrists (RANZCP)  
 Royal Australian College of General Practitioners (RACGP)  
 Sacred Heart Mission  
 SalvoConnect Mental Health Services (The Salvation Army)  
 Spiritual Health Association  
 St Mary's House of Welcome  
 Star Health  
 Tandem Carers  
 The Compassionate Friends Victoria  
 The Police Association of Victoria  
 Uniting (Victoria Tasmania)  
 Victorian Aboriginal Community Controlled Health Organisation (VACCHO)

Victorian Alcohol and Drug Association (VAADA)  
 Victorian Council of Social Service (VCOSS)  
 Victorian Healthcare Association (VHA)  
 Victorian Mental Illness Awareness Council (VMIAC)  
 Victorian PHN Alliance  
 Victorian Refugee Health Network  
 VincentCare Victoria  
 Wellways  
 West Wimmera Health Services  
 Within Australia

### Individuals

Melissa Alemiss  
 Joan Clarke  
 Mathew Dickens  
 Kay Fletcher  
 Valerie Gerrand  
 Elizabeth Irving  
 Jessica Kaplonyi  
 Geraldine Maibani-Michie  
 Ginetta Mammarella  
 Debra Joy Rees  
 Josephine Smyth  
 Soula Thuring

# MHV Corporate Governance Framework



**Mental Health Victoria**  
Annual Report 2019

# Financial Statements

For The Year Ended  
30 June 2019



**Mental Health Victoria Limited**

ABN: 79 174 342 927

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## Directors' Report

The Directors present this report on the company for the financial year ended 30 June 2019. In order to comply with the provisions of the *Australian Charities and Not-for-profits Commission Act 2012 (ACNC Act)*, the Directors report as follows.

## Directors and Directors Meetings

The names of each Director during the year and to the date of this report are listed below.

- Damian Ferrie
- Alys Boase
- Tassia Michaleas
- Richard Newton
- Quinn Pawson
- Simon Wrigley
- Emma King (Appointed 01/10/18)
- Terry Palioportas (Retired 29/11/18)
- Glen Tobias (Retired 29/11/18)

## Operating Results

The net surplus from continuing operations amounted to \$189,900 (2018: deficit of \$1,235).

## Principal Activities

The principal activities of the Company during the financial year was to act as a peak body for organisations that operate within or intersect with the mental health system, with the aim of ensuring that people living with mental illness can access the treatment and support they need.

## State of Affairs

No significant change in the nature of these activities has occurred during the year, unless otherwise noted.

## Likely Developments

The likely future developments in the operations of the Company are the continuation of the principal activities set out in this report.

## Events Subsequent to the End of the Financial Period

There were no matters or circumstances that have arisen since the end of the financial year that significantly affected or may significantly affect the operations of the Company, the results of those operations or the state of affairs of the Company in subsequent financial years.

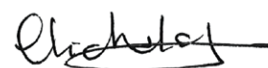
## Auditor's Independence Declaration

A copy of the auditor's independence declaration as required by Section 307C of the Corporations Act 2001 is set out on the next page.

On behalf of the Board



**Damian Ferrie**  
Board Chair



**Tassia Michaleas**  
Chair — Finance,  
Audit & Risk Committee

*Dated this 30th day of October 2019*



Shepard Webster & O'Neill Audit Pty Ltd  
Certified Practising Accountant, Authorised Audit Company  
ABN: 89 154 680 190

## AUDITOR'S INDEPENDENCE DECLARATION

To Mental Health Victoria Limited,

In accordance with the requirements of section 60-40 of the *Australian Charities and Not for Profits Commission Act 2012*, as lead auditor for the audit of Mental Health Victoria Limited for the year ended 30 June 2019, we declare that, to the best of our knowledge and belief, there have been:

- i) No contraventions of the auditor independence requirements of the *Australian Charities and Not for Profits Commission Act 2012* in relation to the audit, and;
- ii) No contraventions of any applicable code of professional conduct in relation to the audit.

Dated at Frankston on the 30<sup>th</sup> day of October 2019

SHEPARD WEBSTER & O'NEILL AUDIT PTY LTD  
Certified Practising Accountant  
Authorised Audit Company No 415478  
31 Beach Street Frankston 3199, PO Box 309 Frankston Victoria 3199  
Telephone (03) 9781 2633 – Fax (03) 9781 3073  
Email – [szepfalusy@shepard.com.au](mailto:szepfalusy@shepard.com.au)

DAVID A SZEPEFALUSY  
DIRECTOR

## Statement of Profit and Loss and Other Comprehensive Income

For The Year Ended 30 June 2019



	Note	2019	2018
Continuing Operations		\$	\$
<b>Income</b>			
Grant Funding		1,247,293	1,441,855
Training & Conference income		886,195	242,043
Membership Fees		101,719	110,215
Sponsorship		62,638	56,175
Interest Received		14,872	15,872
Donations		5,000	18,463
Sundry Income		3,824	220
<b>Total Income</b>		<b>2,321,541</b>	<b>1,884,843</b>
<b>Less Expenses</b>			
Salaries & Related Costs		1,139,876	1,208,444
Training & Conference Costs		503,068	125,237
Rent & Overhead Costs		131,002	134,596
General Expenses		99,113	171,558
Policy Costs		213,480	196,289
It Costs		16,689	14,900
Depreciation & Amortisation		28,413	35,054
<b>Total Expenses</b>		<b>2,131,641</b>	<b>1,886,078</b>
<b>Operating Surplus / (Deficit) From Continuing Operations</b>		<b>189,900</b>	<b>(1,235)</b>
<b>Other Comprehensive Income</b>			
Items that may be reclassified subsequently to profit or loss		-	-
Items that will not be reclassified subsequently to profit or loss		-	-
<b>Total Comprehensive Income</b>		<b>189,900</b>	<b>(1,235)</b>

## Statement of Financial Position

As at 30 June 2019



	Note	2019	2018
		\$	\$
<b>Current Assets</b>			
Cash and Cash Equivalents	2	966,906	849,402
Trade Receivables	3	143,117	76,332
Sundry Debtors & Prepayments	4	36,149	90,053
<b>Total Current Assets</b>		<b>1,146,172</b>	<b>1,015,787</b>
<b>Non-Current Assets</b>			
Security Deposits	5	12,467	12,467
Plant & Equipment	6	36,807	58,214
<b>Total Non-Current Assets</b>		<b>49,274</b>	<b>70,681</b>
<b>Total Assets</b>		<b>1,195,446</b>	<b>1,086,468</b>
<b>Current Liabilities</b>			
Trade & Other Payables	7	93,873	98,820
Grants in Advance		260,804	344,999
Provisions	8	159,076	142,179
<b>Total Current Liabilities</b>		<b>513,753</b>	<b>585,998</b>
<b>Non-Current Liabilities</b>			
Provisions	8	-	8,677
<b>Total Non-Current Liabilities</b>		<b>-</b>	<b>8,677</b>
<b>Total Liabilities</b>		<b>513,753</b>	<b>594,675</b>
<b>Net Assets</b>		<b>681,693</b>	<b>491,793</b>
<b>Equity</b>			
Retained Earnings		681,693	491,793
<b>Total Equity</b>		<b>681,693</b>	<b>491,793</b>

The accompanying notes form part of these financial statements

## Statement of Changes in Equity

For The Year Ended 30 June 2019



	Note	2019	2018
Equity		\$	\$
<b>Retained Earnings</b>			
Opening Balance		491,793	493,028
Operating Profit / (Loss) From Continuing Operations		189,900	(1,235)
Other Comprehensive Income		-	-
<b>Closing Balance</b>		<b>681,693</b>	<b>491,793</b>
<b>Total Equity</b>		<b>681,693</b>	<b>491,793</b>

## Statement of Cash Flows

For The Year Ended 30 June 2019



	Note	2019	2018
		\$	\$
<b>Cash Flows From Operating Activities</b>			
Receipts from Members and Customers		2,061,987	1,564,785
Payments to Suppliers and Employees		(1,953,483)	(1,708,417)
Interest Received		14,872	15,872
<b>Net Cash Provided By / (Used In) Operating Activities</b>	<b>9b</b>	<b>123,376</b>	<b>(127,760)</b>
<b>Cash Flows From Investing Activities</b>			
Payments for Property, Plant & Equipment (Net)		(7,006)	(7,218)
(Payments) / Redemption for Investments (Net)		1,134	-
<b>Net Cash (Used In) Investing Activities</b>		<b>(5,872)</b>	<b>(7,218)</b>
<b>Net Increase / (Decrease) in Cash Held</b>		<b>117,504</b>	<b>(134,978)</b>
<b>Cash at the Beginning of Financial Year</b>		<b>849,402</b>	<b>984,380</b>
<b>Cash at the End of Financial Year</b>	<b>9a</b>	<b>966,906</b>	<b>849,402</b>

# Notes to and forming part of the Financial Statements

For The Year Ended 30 June 2019



## Note 1 — Summary of Significant Accounting Policies

The financial statements cover Mental Health Victoria Limited as an individual entity, incorporated and domiciled in Australia. Mental Health Victoria Limited is a company limited by guarantee.

### Financial Reporting Framework

The Directors have prepared the financial statements on the basis that the Company is a non-reporting entity because there are no users dependent on general purpose financial statements. These financial statements are therefore special purpose financial statements that have been prepared in order to meet the requirements of the *Australian Charities and Not-for-profits Commission Act 2012*. The Company is a not-for-profit entity for financial reporting purposes under Australian Accounting Standards.

The financial statements have been prepared in accordance with the mandatory Australian Accounting Standards applicable to entities reporting under the *Australian Charities and Not-for-profits Commission Act 2012* and the significant accounting policies disclosed below, which the Directors have determined are appropriate to meet the needs of members. Such accounting policies are consistent with those of previous periods unless stated otherwise.

### Statement of Compliance

The financial statements have been prepared in accordance with the mandatory Australian Accounting Standards applicable to entities reporting under the *Australian Charities and Not-for-profits Commission Act 2012*, the basis of accounting specified by all

Australian Accounting Standards and Interpretations, and the disclosure requirements of Accounting Standards:

- AASB 101: Presentation of Financial Statements,
- AASB 107: Cash Flow Statements,
- AASB 108: Accounting Policies, Changes in Accounting Estimates and Errors,
- AASB 1031: Materiality
- AASB 1054: Australian Additional Disclosures.

### Basis of Preparation

The financial statements, except for the cash flow information, have been prepared on an accrual basis and are based on historical costs unless otherwise stated in the notes. Material accounting policies adopted in the preparation of these financial statements are presented below and have been consistently applied unless stated otherwise. The amounts presented in the financial statements have been rounded to the nearest dollar.

### Significant Accounting Policies

#### a) Taxation

The Company is exempt under Division 50 of the *Income Tax Assessment Act 1997* as a non-profit organisation. As such, no allowance has been made for Income Tax.

#### b) Plant and Equipment

Each class of plant and equipment is carried at cost or fair value, less, where applicable, accumulated depreciation and any impairment losses.

The carrying amount of plant and equipment is reviewed annually by the Company to ensure it is not in excess of the fair value of those assets. The fair value represents the amount for which an asset could be exchanged between knowledgeable, willing parties in an arm's length transaction.

The carrying values of plant and equipment are also reviewed for impairment when events or changes in circumstances indicate the carrying value may not be recoverable. If any impairment exists, the assets are written down to their recoverable amount and the loss recognised in the income statement.

The depreciable amounts of all fixed assets are depreciated over their useful lives commencing from the time the asset is held ready for use.

Leasehold improvements are amortised over the shorter of the unexpired period of the lease or the estimated useful life of the improvements.

Website development costs are amortised over the useful life of the website commencing from the date when the website is ready for use.

The gain or loss on disposal of all fixed assets, is determined as the difference between the carrying amount of the asset at the time of disposal and the proceeds of disposal, and is included in operating profit in the year of disposal.

During the year, and in prior years, various assets have been purchased for projects by using project funding. In such cases, a provision for Equipment Reserve has been established, which records the written down value of the assets that have been funded by project income. As the fixed assets are depreciated, an amount is recognised as revenue in the Statement of Profit or Loss and Other Comprehensive Income to reduce the provision to the new written down value of the funded assets.

#### **c) Impairment of Assets**

At the end of each reporting period, the Directors review the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, an impairment test is carried out on the asset by comparing the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, to the asset's carrying amount. Any excess of the asset's carrying amount over its recoverable amount is recognised in the income and expenditure.

#### **d) Cash and Cash Equivalents**

Cash and cash equivalents includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

#### **e) Trade and Other Receivables**

Trade and other receivables include amounts due from members as well as amounts receivable from donors. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

#### **f) Revenue and Other Income**

Non-reciprocal grant revenue is recognised in the Statement of Profit or Loss and Other Comprehensive Income when the Company obtains control of the grant, it is probable that the economic benefits gained from the grant will flow to the Company and the amount of the grant can be measured reliably.

If conditions are attached to the grant which must be satisfied before it is eligible to receive the contribution, the recognition of the grant as revenue will be deferred until those conditions are satisfied.

When grant revenue is received whereby the Company incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the Statement of Financial Position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

The Company receives non-reciprocal contributions of assets from the government and other parties for zero or a nominal value. These assets are recognised at fair value on the date of acquisition in the Statement of Financial Position, with a corresponding amount of income recognised in the Statement of Profit or Loss and Other Comprehensive Income.

Donations and bequests are recognised as revenue when received.

Interest revenue is recognised when received.

Revenue from the rendering of a service is recognised upon the delivery of the service to the customers.

All revenue is stated net of the amount of goods and services tax.

#### **g) Trade and Other Payables**

Trade and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the Company during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

#### **h) Goods and Services Tax (GST)**

Revenues, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO).

Receivables and payables are stated inclusive of the amount of GST receivable or payable. The net amount of GST recoverable from, or payable to, the ATO is included with other receivables or payables in the Statement of Financial Position.

#### **i) Employee Entitlements**

Provision is made for the Company's liability for employee benefits arising from services rendered by employees to the end of the reporting period. Employee benefits that are expected to be settled within one year have been measured at the amounts expected to be paid when the liability is settled.

Employee benefits payable later than one year have been measured at the present value of the estimated future cash outflows to be made for those benefits. In determining the liability, consideration is given to employee wage increases and the probability that the employee may not satisfy any vesting requirements. Those cash outflows are discounted using market yields on national government bonds with terms to maturity that match the expected timing of cash flows.

#### **j) Comparative Figure Changes**

When required by Accounting Standards, comparative figures have been adjusted to conform to changes in presentation for the current financial year.

## Notes to and forming part of the financial statements

For The Year Ended 30 June 2019



	2019	2018
	\$	\$
<b>Note 2: Cash and Cash Equivalents</b>		
Cash at Bank	966,874	849,095
Cash on Hand	32	307
	<b>966,906</b>	<b>849,402</b>

<b>Note 3: Trade Receivables</b>		
Trade Debtors	143,117	76,332
	<b>143,117</b>	<b>76,332</b>

<b>Note 4: Sundry Debtors &amp; Prepayments</b>		
Sundry Debtor	-	4,845
Prepayments	20,332	82,708
Refundable Deposits	15,817	2,500
	<b>36,149</b>	<b>90,053</b>

<b>Note 5: Security Deposit</b>		
This security deposit is held as a guarantee for the rental of the office premises.	12,467	12,467
	<b>12,467</b>	<b>12,467</b>

<b>Note 6: Plant and Equipment</b>		
Plant and equipment at cost	151,060	168,636
Less: Accumulated Depreciation	(147,691)	(164,378)
	<b>3,369</b>	<b>4,258</b>
Motor Vehicles at cost	56,775	56,775
Less: Accumulated Depreciation	(46,129)	(31,936)
	<b>10,646</b>	<b>24,839</b>
Plant and Leasehold improvements at cost	53,227	53,227
Less: Accumulated Depreciation	(53,227)	(53,227)
	<b>-</b>	<b>-</b>

	2019	2018
	\$	\$
<b>Note 6: Plant and Equipment (continued)</b>		
Intangible assets at cost	50,943	47,093
Less: Accumulated Amortisation	(28,151)	(17,976)
	<b>22,792</b>	<b>29,117</b>

<b>Total Plant and Equipment</b>	<b>36,807</b>	<b>58,214</b>
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<b>Note 7: Trade &amp; Other Payables</b>		
GST, FBT and PAYG Payable	57,862	50,353
Trade Creditors and Accrued Expenses	36,011	48,467
	<b>93,873</b>	<b>98,820</b>

<b>Note 8: Provisions</b>		
<i>Current:</i>		
Annual Leave	88,190	50,762
Long Service Leave	53,029	47,883
Equipment Reserve	17,857	29,101
Redundancy Provision	-	14,433
	<b>159,076</b>	<b>142,179</b>

<i>Non-Current:</i>		
Long Service Leave	-	8,677
	<b>-</b>	<b>8,677</b>

<b>Total Employee Entitlements</b>	<b>159,076</b>	<b>150,856</b>
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## Notes to and forming part of the financial statements (continued)

For The Year Ended 30 June 2019



	2019	2018
	\$	\$
<b>Note 9: Notes to the Statement of Cash Flows</b>		
(a) Reconciliation of Cash		
Cash at Bank	966,906	849,402
(b) Reconciliation of Net Cash		
Provided by Operating	189,900	(1,235)
Operating Profit / (Loss)		
Operating Profit / (Loss)		
<b>Non Cash Flows in Operating Surplus / (Deficit)</b>		
Depreciation	28,413	35,054
Profit on sale of plant & equipment		
<b>Changes in Assets and Liabilities</b>		
(Increase)/Decrease in Trade and Other Receivables	(14,015)	(117,289)
Increase/(Decrease) in Trade and Other Payables	(89,142)	(31,243)
Increase/(Decrease) in Employee Entitlements	8,220	(13,047)
	<b>123,376</b>	<b>(127,760)</b>
<b>Note 10: Operating Lease Commitments</b>		
<b>Being for Rent of Office Premises &amp; Photocopier</b>		
Operating lease commitments not capitalised in the accounts Payable:		
- Not later than one year	94,123	89,371
- Later than one year but not later than 5 years	6,609	-
	<b>100,732</b>	<b>89,371</b>
The extended property lease is a non-cancellable lease with a 1 year term, with rent payable in advance, and expiring in June 2020.		
The photocopier rental is a non-cancellable lease with a 3 year term. This rental expires in April 2022.		
<b>Note 11: Remuneration of the Auditor</b>		
Audit of the Financial Statements	6,000	4,800
Other Services	-	-
	<b>6,000</b>	<b>4,800</b>

	2019	2018
	\$	\$
<b>Note 12: Events after year end</b>		
No matter or circumstance has arisen since 30 June 2019 that has significantly affected, or may significantly affect the Company's operations, the results of those operations or the Company's state of affairs in the future financial years that hasn't been disclosed elsewhere in the financial statements.		
<b>Note 13: Members' Guarantee</b>		
The Company is incorporated under the <i>Corporations Act 2001</i> and is a company limited by guarantee. If the company is wound up, the constitution states that each member is required to contribute a maximum of \$10 towards meeting any outstanding obligations of the entity. At 30 June 2019, the number of members was 42 (2018: 45).		
<b>Note 14: Economic Dependence and Going Concern</b>		
The Company has been historically dependent on State Government grant funding for a significant portion of its revenue. As this dependence presents a risk to the entity, in 2017/18 the Board authorised major changes to the entity's brand, legal structure, internal operations and service offerings to allow the entity to pursue new revenue sources.		
The Company's effective first year of operation under the new brand as Mental Health Victoria Ltd was 2018/19. During this year, the Company secured ongoing funding from the Victorian Government to at least 2021/22, saw its Learning & Development business unit deliver its first surplus, delivered a healthy surplus from its national conference, and secured its first corporate sponsorship. Post the end of 2018/19, the Company secured new grant funding from the Commonwealth, further diversifying the entity's revenue base.		
Taking all of the above into account, Mental Health Victoria Ltd is placed in a position whereby it can continue to operate as a going concern after 30 June 2019. Nevertheless, the Board and CEO have agreed that it would be prudent to further diversify revenue streams to provide safety buffers from reliance on particular sources. The Board has also agreed to set a strategic reserve target with the aim of providing the entity with the ability to respond effectively should for example there be a major future change in the organisation's revenue streams e.g. loss of a Government grant.		
<b>Note 15: Entity details</b>		
The registered office and principal place of business is: Level 2, 22-24 Horne Street Elsternwick Victoria 3185		

## Directors' Declaration



In accordance with a resolution of the Directors of Mental Health Victoria Limited, the Directors of the Company declare that:

1. The financial statements and notes. As set out on pages 5 to 16, are in accordance with subsection 60.15(2) of the *Australian Charities and Not for Profits Commission Regulation 2013* including:
  - a) Giving a true and fair view of its financial position as at 30 June 2019 and of its performance for the financial year ended on that date; and
  - b) Complying with Australian Accounting Standards; and
2. In the Directors' opinion there are reasonable grounds to believe that the Company will be able to pay its debts as and when they become due and payable.

This declaration is made in accordance with a resolution of the Board of Directors.

**Damian Ferrie**  
Board Chair

**Tassia Michaleas**  
Chair — Finance,  
Audit & Risk Committee

*Dated this 30th day of October 2019*



Shepard Webster & O'Neill Audit Pty Ltd  
 Certified Practising Accountant, Authorised Audit Company  
 ABN: 89 154 680 190

**MENTAL HEALTH VICTORIA LIMITED**  
**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF**  
**ABN: 79 174 342 927**

**Report on the Audit of the Financial Report**

**Opinion**

We have audited the financial report of Mental Health Victoria Limited, which comprises the Statement of Financial Position as at 30 June 2019, the Statement of Profit or Loss and Other Comprehensive Income, Statement of Changes in Equity and Statement of Cash Flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information, and the Directors' declaration.

In our opinion, the accompanying financial report Mental Health Victoria Ltd has been prepared in accordance with Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*, including:

- (i) giving a true and fair view of the Company's financial position as at 30 June 2019 and of its performance for the year then ended; and
- (ii) complying with Australian Accounting Standards to the extent described in Note 1, and Division 60 of the *Australian Charities and Not-for-profits Commission Regulation 2013*.

**Basis for Opinion**

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Company in accordance with the ACNC Act, the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110: Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Emphasis of Matter – Basis of Accounting**

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist the Company to meet the requirements of the *Australian Charities and Not-for-profits Commission Act 2012*. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.



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## MENTAL HEALTH VICTORIA LIMITED INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF ABN: 79 174 342 927

### Information Other than the Financial Report and Auditor's Report Thereon

The Directors of the Company is responsible for the other information. The other information comprises the information included in the Company's annual report for the year ended 30 June 2019, but does not include the financial report and our auditor's report thereon. Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon. In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### Responsibilities of the Directors for the Financial Report

The Directors of the registered entity are responsible for the preparation of the financial report that gives a true and fair view and have determined that the basis of preparation described in Note 1 to the financial report is appropriate to meet the requirements of the *Australian Charities and Not-for-profits Commission Act 2012* and is appropriate to meet the needs of the members. The Directors' responsibility also includes such internal control as the Directors determine is necessary to enable the preparation of a financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, the Directors are responsible for assessing the Company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Directors either intend to liquidate the Company or to cease operations, or have no realistic alternative but to do so.

The Directors of the Company are responsible for overseeing the Company's financial reporting process.

### Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.



Shepard Webster &  
 O'Neill Audit Pty Ltd  
 is a CPA Practice

Level 1 / 31 Beach Street, Frankston Victoria 3199  
 P.O. Box 309, Frankston Victoria 3199  
 T: (03) 9781 2633 F: (03) 9781 3073  
 E: [szepfalusy@shepard.com.au](mailto:szepfalusy@shepard.com.au) W: [www.shepard.com.au](http://www.shepard.com.au)

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As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Directors.
- Conclude on the appropriateness of the Directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the Directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



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**MENTAL HEALTH VICTORIA LIMITED**  
**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF**  
**ABN: 79 174 342 927**

Dated at Frankston on the 31<sup>st</sup> day of October 2019

SHEPARD WEBSTER & O'NEILL AUDIT PTY LTD  
Certified Practising Accountant  
Authorised Audit Company No 415478  
31 Beach Street Frankston 3199, PO Box 309 Frankston Victoria 3199  
Telephone (03) 9781 2633 – Fax (03) 9781 3073  
Email – [szepfalusy@shepard.com.au](mailto:szepfalusy@shepard.com.au)

DAVID A SZEPPFALUSY  
DIRECTOR



## Contact



Level 2, 22 HORNE Street  
Elsternwick, VIC 3185 Australia

T 03 9519 7000  
F 03 9519 7022



@mentalhealthvic

**[mhvic.org.au](http://mhvic.org.au)**