



Mental Health Victoria

Collaboration • Knowledge • Leadership

Foundations in Peer Work Online

Tuesdays: 10th, 17th & 24th Nov & 1st & 8th Dec 2020

9:30am – 2pm

An essential introduction to peer work for consumers and carers who are, or who want to be peer workers.

Audience

- Consumers or carer currently working as peer workers
- People whose organisations have identified them as prospective peer workers
- Students wanting to sample the Cert IV Mental Health Peer Work

Aims

At completion of this course, students should be able to:

- Understand a range of frameworks and approaches applicable to peer work
- Understand the diversity of roles and skills required by a peer worker
- Explore consumer and carer preferences, values, needs and goals
- Work within international, national and state legislative frameworks including the Mental health Act 2014 and the National Mental Health Standards.
- Navigate the mental health system in order to facilitate access to resources, information and services.
- Have a thorough understanding of ethical decision making, boundaries, duty of care and dignity of risk and how these impact on consumers, workers and organisations.
- Use their lived experience in meaningful and purposeful ways.
- Manage risk in sharing stories
- Understand trauma, vicarious trauma, re-traumatisation and the importance of self-care
- Be able to plan, resource, facilitate and evaluate groups common to peer work.

Outline

Workshop content will include:

- Day 1 – Approaches and frameworks of peer work practice
- Day 2 – Understanding the role of the peer worker
- Day 3 – Legal and ethical considerations
- Day 4 – Using lived experience effectively
- Day 5 – Developing and facilitating groups

Further Information

Cost

\$450 for all participants for this particular sessions as an introductory rate for the online version.

All course materials are included.

Usually:

Full Fee Individuals \$895

To Register

Please visit the Mental Health Victoria website www.mhvic.org.au and register online.

Online Training – Zoom

This training will be delivered online via the Zoom Program. A link along with materials for the course will be emailed to the participants 1 day prior.

Customised In-house Training

Mental Health Victoria can customise any of our training and professional development programs to meet your specific organisational needs, and then deliver via an online platform.

Facilitator
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